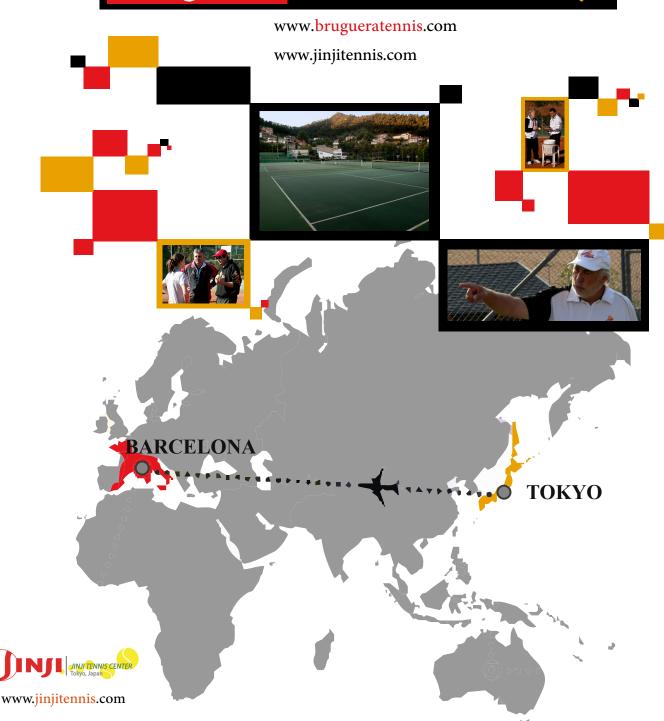


Bruguera Tennis Academy



Contact us

Shai Gigi - シャイギギ Jinji Tennis Center

Head Tennis Pro - ハード テニス プロ, クラブ デレク

タPhone: 81-080-3576-1300

Web site: www.jinjitennis.com email: shai@jinjitennis.com

facebook: https://www.facebook.com/JinjiTennis

IIII Do Something Amazing - Bruguera Tennis Academy Summer Camps

Are you looking for something for your children to do this summer and thinking about those same old activities: the beach, hiking, trips to amusement parks or museums? How about doing something amazing this year -- the Bruguera Tennis Academy -- an all-levels tennis camp for young people located in the picturesque Barcelona countryside.

BTA is a fun, high performance and results driven tennis camp which offers the best in facilities and professional coaches (a student teacher ration of 3:1 and 5 internationally certified physical training staff on-site) with the goal of fostering professional skills in young players.

However, if you thought this camp was all about tennis, you were wrong. BTA is not only a high performance training centre, but, with participants from more than 30 different countries, it's a once-in-a-life-time chance for young people to get together and make friends from all over the world whilst living, breathing and eating tennis.

The BTA goal is the formation of well-balanced young players, so, while tennis is the focus, recreation, study and socialising are all give due attention. The camp is superbly equipped for a range of outdoor activities so as to make sure that it's young guests get the chance to have fun whilst improving their game. Students who attend the BTA make friends for life and leave the camp with much more than just improved tennis skill. It's a summer activity that won't be forgotten for a long time!

IIII The Bruguera Tennis Academy

About

Founded by Luis Bruguera in 1986, the Bruguera Tennis Academy (BTA) is a live-in tennis camp dedicated to teaching young players (11-23 yrs) the fundamentals of successful tennis match play. With almost three decades experience in training young players from 30 + different countries, camp director Luis Bruguera ensures the improvement of all players who visit.

Focusing on a wide range of attributes beyond pure tennis match play (including physical, psychological and intellectual development), BTA provides a holistic approach which looks to mold not only good tennis players but successful young adults. By locating all necessary facilities on-site, attendees can enjoy themselves and focus on what is important with ample training, recreation and study time accounted for. In this way, BTA's immersive camp atmosphere gives the junior player a chance to touch up on all aspects of their evolution whilst participating in a fun and social group environment.

Location

Situated just 12kms outside of Barcelona, the BTA occupies a spacious grounds and includes full camp facilities. Purpose designed for junior tennis instruction the camp boasts 16 courts (9 green set and 7 red clay) as well as training rooms, soccer field and pool. Accommodation and cafeteria are also located on-site to ensure the simplest and most effective training environment possible. Meanwhile, the healthy Mediterranean climate allows for ample physical activities of both a training and recreational nature.

IIII Programs we are offering

1 week PROGRAM:

- () Option A: Intensive Tennis & fitness.
- () Option B1: Intensive Tennis, fitness and lodging.
- () Option B2: Intensive Tennis, fitness and lodging. (From 2 months)
- * From Monday to Friday: 3 h15 of tennis training + 2 hours physical training

OPTION A = 1 week Tennis and Fitness – 130,000 yen

OPTION B1 = 1 week Tennis, Fitness and lodging – 150,000 yen

OPTION B2 = 140,000 yen / week Tennis, Fitness and lodging over 8 weeks

Airline estimate price with air France is 90,000 yen. Air France has the most flight between Tokyo and Barcelona .normally the flight takes 17 hours,

The distance from Barcelona airport to the academy is 26 km its takes about 30 minutes' drive. In case that one adults plus a child arriving to Barcelona for one week: flight for 2 people + hotel room for the adult + food for a week + tennis training for the junior – about 408,672 yen bruguera tennis academy address: near Carrer de les Orenetes, 08690 Santa Coloma de Cervelló, Barcelona, Spain

We are looking for boys and girls from the age 11-23 years only. Only those ages can sleep at the academy.

Nearby hotels near the academy: parents that like to join can stay in one of those hotels. The price are from 55- 120 euros per night. most of those hotels are less than 5 km from the academy.

- Holiday Inn Express Barcelona Molins De Rei Carrer Primer de Maig, 9, 08750 Molins de Rei, Barcelona, Barcelona, Spain 4.4 km N
- Hotel EL CASTELL de Sant Boi
 Carrer del Castell, 1, 08830 Sant Boi de Llobregat, Barcelona, Spain 3.9 km Se
- Hostal Rambla
 Rambla Rafael Casanova, 9, 08830 Sant Boi de Llobregat, Barcelona, Barcelona, Spain 3.6 km SE
- Ibis Barcelona Molins De REI
 Avinguda de Caldes, 60, 08750, Molins de Rei, Barcelona, Spain 5.5 km N
- Calasanz
 Avinguda Barcelona, 36 38, 08750 Molins de Rei, Barcelona, Spain 4.9 km N
- 6. Hostal Porta De FerroDe Miquel, 10, 8830 Sant Boi de Llobregat, Barcelona, Spain 3.1 km SE

III Tennis Program

The fundamental goal of the BTA was to allow the possibility of living, study and training in the one place. A typical daily routine will consist of 2 hours of tennis practice, followed by physical training – a break for lunch – another one and a half hours of tennis training, then free recreation in the afternoon.

Activities are catered specifically to the students needs with all players benefiting from individual attention. This includes personalised routines and skill checks, entry into local tournaments as available and a written assessment of the player's progression within the camp. All camp employees are seasoned professionals and the camp's former alumni (including 2 top ten, and 10 top one hundred rated players) speak for the high level of achievement that the BTA strives for.

IIII The Recipe for Success – A History of the Bruguera Tennis Academy

As an international tennis coach Luis Bruguera's most successful player of all time was his own son Sergi Bruguera, the explosive clay court specialist who took a number of major victories -- including back to back Roland Garros titles -- as one of the most dominant players of the 90's.

Having spent this time working intensively with an elite player Luis Bruguera's knowledge of top flight tennis translated perfectly into the coaching of younger players as he was able to integrate several crucial, though overlooked, aspects of the game into his junior player training routines. Bruguera's experience taught him that it was not always the most technically brilliant players that ended up on top and that success was more frequently earned by well-rounded physical and mental training.

He took his idea to the countryside just beyond Barcelona in an area perfectly suited to vigorous training and a healthy outdoor lifestyle. To this he added the best facilities for both training as well as technical and educational support -- the Bruguera Tennis Academy was born. By creating a camp in which young people could live, train and study together with their peers, Bruguera was able to mold the well-rounded players who could overcome both life and game challenges and succeed at their goals.

Today, The recipe that Bruguera developed has achieved many successes. At the same time, the BTA still rings true to what it was supposed to be -- not just another 'high performance' tennis camp, but an important moment in the foundation of young people's lives.

IIII The Winners Mentality - The Bruguera Tennis Academy Philosophy

Having coached his son Sergi to tour victories and an Olympic silver medal and spent decades in the world of top flight tennis, Luis Burgurea is well acquainted with the mental and physical discipline required to compete in international level tennis.

During this time Burguera saw that the best players were healthy and balanced people who took a good attitude developed across the entire spectrum of their lives onto the court. This conditioning and level headedness could make a good player unstoppable -- as they gained the resolve, focus and stamina needed to prevail in any situation -- no matter how tough it seemed.

Bruguera called this "the winner's mentality" -- the unshakeable discipline and attitude needed to overcome all challenges that stand before you -- and took it as the principal goal of his tennis academy. He knew that this kind of formation could only be achieved by training not only good tennis players, but accomplished people, with a balanced set of life skills and a confident outlook at the world.

By focusing on fitness, training, and education and socialising simultaneously, the BTA works at fostering "the winner's mentality" in all that visit. Doing which Bruguera ensures that the utmost attention is given nurturing true winners that can succeed in any challenge before them, both on and off the court.

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